



SpeakUp! on Sports

for all high school students, parents and coaches



A unique opportunity for ALL High School Students, Parents and Coaches to have an open and honest discussion on sports and the role it plays in our lives.

Let's talk about:

- Sports & School
- Pressure & Expectations
- Teamwork & Sportsmanship
- Confidence & Fears
- College Recruiting Experience
- Playing for Fun

Thursday • January 12, 2017
Event: 7:00 pm (check-in 6:30-7:00)

The Haverford School
450 Lancaster Avenue, Haverford, PA 19041

PLEASE Pre-register at speakup.org

SpeakUp! on Sports Guest Speakers



Mitchell Greene, Ph.D.
Psychologist and owner of Greenepsych Clinical and Sport Psychology, located in Haverford, PA.



John Nostrant
Athletic Director and Head Lacrosse Coach at
The Haverford School
30 years of coaching experience including the collegiate and professional levels.